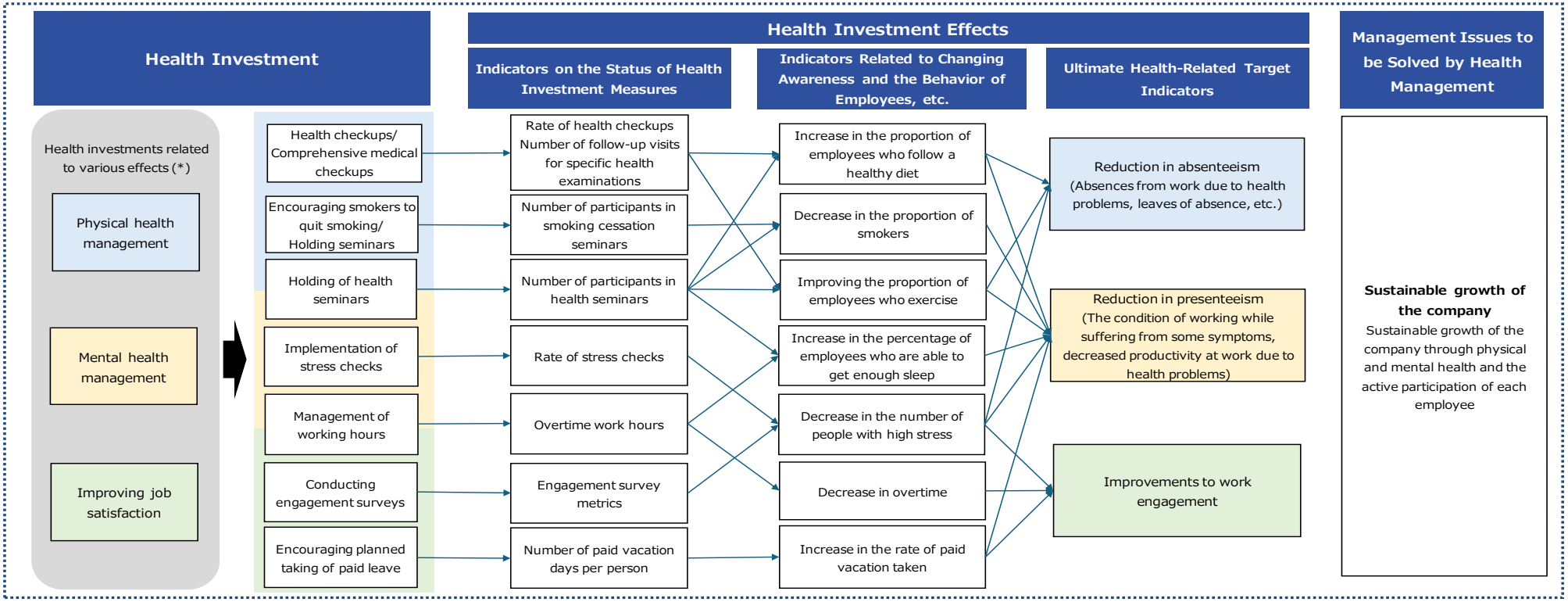
Health Investment
Health Investment Effects
Indicators on the Status of Health Investment Measures
Indicators Related to Changing Awareness and the Behavior of Employees, etc.
Ultimate Health-Related Target Indicators
Management Issues to be Solved by Health Management
Health investments related to various effects (*)
Physical health management
Mental health management
Improving job satisfaction
Health checkups/ Comprehensive medical checkups
Encouraging smokers to quit smoking/ Holding seminars
Holding of health seminars
Implementation of stress checks
Management of working hours
Conducting engagement surveys
Encouraging planned taking of paid leave
Rate of health checkups Number of follow-up visits for specific health examinations
Number of participants in smoking cessation seminars
Number of participants in health seminars
Rate of stress checks
Overtime work hours
Engagement survey metrics
Number of paid vacation days per person
Increase in the proportion of employees who follow a healthy diet
Decrease in the proportion of smokers
Improving the proportion of employees who exercise
Increase in the percentage of employees who are able to get enough sleep
Decrease in the number of people with high stress
Decrease in overtime
Increase in the rate of paid vacation taken
Reduction in absenteeism (Absences from work due to health problems, leaves of absence, etc.)
Reduction in presenteeism (The condition of working while suffering from some symptoms, decreased productivity at work due to health problems)
Improvements to work engagement
Sustainable growth of the company
Sustainable growth of the company through physical and mental health and the active participation of each employee